

Summer holiday ideas

We love holidays – and we know you must too. Whether you're hanging out with your mates or looking for activities, here are some fun events that are happening this summer that you might like to check out in your area!

NSW

Luna Park:

Enjoy a day of fun-filled rides!

Luna Park Sydney, Milsons Point

Open all year round, except Christmas Day and New Year's Eve
For more info, go to www.lunaparksydney.com.au

ACT

Phillip Ice Skating Centre:

Skating has never felt so cool in summer!

Irving Street, Phillip ACT

Open all year round, except Christmas Day
For more info, go to www.swimskate.com.au

WA

Up, Down and Around:

Learn the concepts of forces, motion and energy and try out the full-body experiences for yourself.

SciTech, City West Centre, West Perth

Open all year round, except Christmas Day
For more info, go to www.scitech.org.au

NT

A Coral Reef by Day:

Learn about the various unique features of Darwin Harbour's coral reefs.

Indo Pacific Marine, Darwin

Monday to Friday, 9am to 2pm
Closed on Christmas Day, Boxing Day, New Year's Day and Good Friday
For more info, go to www.indopacificmarine.com.au



Best Summer
Holiday
Photo
Competition

We're calling out for the best summer holiday photo.

Send in your favourite photo from these summer holidays and you could be one of our five lucky winners of a \$20 iTunes voucher.

Send your photo along with your details to teenplus@teacherscreditunion.com.au

The best photo will be selected and printed in our next Teen Plus newsletter.

Fingers crossed!

Competition ends on 10th February 2012. For terms & conditions, go to TeachersCreditUnion.com.au/teenplus

Summer Recipes

There's no better time to have a BBQ than summer. Our Australian summer is marked by it! So why not get together with a few friends and host one? You could chip in for the cost, help each other out with the cooking and make a great day out of it. Just remember to adjust the serving size for these recipes, depending on how many people you have.



Barbecued sausage rolls with caramelised onions

Makes 12

Ingredients:

- ▶ 2 tbs olive oil
- ▶ 2 red onions, halved, thinly sliced
- ▶ 2 tbs balsamic vinegar
- ▶ 12 chipolata/pork/beef/chorizo sausages
- ▶ 12 small dinner rolls, split
- ▶ 3 tbs Dijon mustard
- ▶ 12 flat-leaf parsley sprigs

Method

1. Heat oil in a frypan over medium heat. Add onion and cook, stirring, for 10-12 minutes until softened and browned. Increase heat to high, add balsamic and stir over high heat for 2-3 minutes to caramelise. Transfer to a bowl, season well, then cool. The caramelised onion will keep, covered in the fridge, for up to 5 days.
2. Cook sausages on a BBQ preheated to medium for 8-10 minutes, turning until browned and cooked through. (Or preheat oven to 180C and cook for 15-20 minutes on an oiled baking tray.) Allow to cool.
3. To serve, lightly pack each dinner roll with caramelised onion. Add sausage, top with mustard and tuck in a sprig of parsley.

Sourced from: www.taste.com.au Original source: *Delicious* – December 2009, p112. Recipe by Jill Duplex. Photography by Ben Dearnley.



Strawberry, lime and passionfruit meringues

Makes 4

Ingredients:

- ▶ 250g strawberries, hulled, chopped
 - ▶ 1 tablespoon lime juice
 - ▶ 2 passionfruit*, pulp removed
 - ▶ 1 tablespoon caster sugar
 - ▶ 4 pavlova nests
 - ▶ lemon and lime sorbet, to serve
- * You will need ¼ cup passionfruit pulp. You could use canned passionfruit pulp instead.

Method

1. Combine strawberries, lime juice, passionfruit pulp and caster sugar in a bowl. Set aside for 10 minutes to allow flavours to develop.
2. Arrange pavlova nests on plates. Top each with a scoop of sorbet. Spoon over strawberry mixture. Serve.

Sourced from: www.taste.com.au Original source: *Super Food Ideas* – October 2007, p88. Recipe by Annette Forrest. Photography by Mark O'Meara.

A trip to the movies!



Going to the movies is one fun way to escape the heat this summer. With so many great movies coming out this summer, we're sure you'll find one that suits your taste. Here are some of our suggestions.

1. **The Twilight Saga: Breaking Dawn Part 1 (M)**
If you haven't been already, go and check out what happens to Edward & Bella.
2. **Happy Feet 2 (PG)**
We know it's aimed at younger kids, but we can't resist the cute characters!
3. **Sherlock Holmes: A Game of Shadows (M)**
A new take on a classic story. Perfect for those who love action movies.
4. **Jack and Jill (PG)**
Adam Sandler stars in this hilarious film, playing a brother and sister.
5. And of course, we can't wait for the **Hunger Games**. Based on a best-selling novel, this movie captures an exciting story about survival of the fittest!

Savings Tips:

To help you pay for the cost of the food, why not set a date for the BBQ in advance and start saving your weekly pocket money for it?